



The Sunrise-Sunset Group of Alcoholics Anonymous

**OCTOBER
2019**

www.SunriseSunsetGroup.org

Thursday Speakers

3rd **Diane D.**

10th **Danny M.**

17th **Carla R.**

24th **Grant B.**

31st **Kaye S.**

Saturday Speakers

5th **Jennifer C.**
Step 2

12th **Paul G.**
Step 3

19th **TBA ***
Topic TBD

26th **TBA ***
Topic TBD

Tuesday Leaders

1st **Teanna G. ***

8th **Brian A. ***

15th **Tiana B. ***

22nd **Jason S. ***

29th **Katie D. ***

* for more information
visit our website at
SunriseSunsetGroup.org

THE SUNSET GROUP
5056 Van Nuys Blvd., Sherman Oaks
Thursday 7:00-8:30pm



THE SUNRISE GROUP BIG BOOK STEP STUDY
SpiritWorks, 260 North Pass Avenue, Burbank
Saturday 8:15-9:30am

THE SUNSET GROUP BIG BOOK STUDY
11031 Camarillo Street, North Hollywood
Tuesday 7:00-8:00pm



There was just one hope, Jung said: Occasionally alcoholics could recover after experiencing some type of religious conversion. However, he cautioned, recoveries due to a life-changing "vital spiritual experience" were relatively rare.

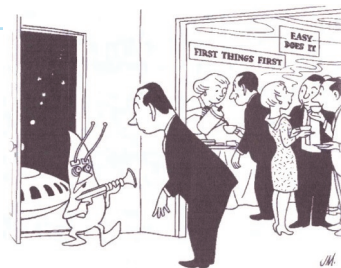
(part 2) It might seem strange for a physician to prescribe a spiritual experience, but it is consistent with Jung's background and interest. Jung's father and several uncles were clergymen, while his mother reported having "second sight" and said she was visited by spirits at night. After Jung earned his MD in 1902 and joined the psychiatric hospital of the University of Zürich, he treated many difficult patients with alcohol-related problems — about 13 percent of all admissions, he said.

Jung's prognosis so shook Hazard that he sought out the Oxford Group, a Christian evangelical movement active in Europe and the U.S. during the 1920s and '30s. It appears that Hazard's association with the Oxford Group provided the conversion experience that Jung had prescribed, because he soon stopped drinking. Although reforming alcoholics was not a primary goal of the Oxford Group, Hazard chose to devote service to alcoholics such as himself, in hopes that others could benefit.

Hazard and two other Oxford Group members were summering in Vermont in 1934 when they heard that an acquaintance, Edwin "Ebby" Thacher, a lifelong alcoholic, was incarcerated and being threatened with institutionalization. The three men sought him out, and shared their Oxford Group recovery experiences. Thacher was released to their care, and soon joined the Oxford Group, where he had his first extended period of sobriety in years.

(end part 2)

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"Take me to your humble, trusted servant."

A **sober father** was raising his young son with the help of AA slogans and sayings. If the boy was angry or agitated, his dad would say, "Easy Does it." If the boy was sad or unhappy, his father would counsel, "Let Go and Let God."

This plan backfired one day when the boy asked to go to the toy store. "Absolutely not!" said the father. "Aw, c'mon Dad," said the boy. "Bring the body and the mind will follow."

Doug R., New York, New York, June 2004

From "A Rabbit Walks into a Bar: Best Jokes & Cartoons from AA Grapevine"

The San Fernando Valley Central Office is at 16132 Sherman Way, Van Nuys CA 91406, 818-988-3001 (sfvaa.org).
The Sunrise-Sunset Group and meetings are in District 17 (www.district17aa.org) of Area 93, Central California (www.aa93.org).

If you would like to contribute to this newsletter please contact the editor at SunriseSunsetGroup@gmail.com